

Right Support, Right Time: Unlocking the Power of OT

Prevention-focused care
Better outcomes
Smarter investment



Occupational therapy helps people stay well for longer and avoid crises – especially when occupational therapists are involved early.

By embedding OTs in everyday settings like GP practices, schools and housing, we can support people before needs escalate.

This proactive, person-centred approach saves money, reduces pressure on services and improves lives.

Occupational therapy must be central to future planning and investment.

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